



THE SUBTLE ART OF SHOOTING YOURSELF IN THE FOOT

Let's be honest: sometimes our worst saboteur is... us. No need for a big bad wolf, a tyrannical boss, or a secret society, we're perfectly capable of tripping ourselves up.

Between procrastination, fear of success (yes, that's real), paralyzing perfectionism, and obsession with others' opinions, we become virtuosos of a discreet self-sabotage. It's as if our inner compass were programmed to steer us away from good decisions, and ignore plain common sense.

The good news? This « *gentle self-destruction* » mode isn't permanent. All it takes is opening our eyes to our habits, limiting beliefs, and escape strategies.

In work, relationships, or personal projects, that little inner saboteur loves to whisper that we're not ready, that we'll fail, or that we should wait (spoiler: we're often more ready than we think).

But sabotage isn't just internal. There's also the infamous *Groupthink*, that magical moment when everyone thinks the same... and no one's really thinking. In politics, business, or social circles, blindly following the herd without asking questions can lead to decisions worthy of absurdist theater.

How to resist?

A bit of courage, a lot of curiosity, a pinch of common sense, and a generous dose of critical thinking (coffee optional).

Then come our cognitive biases, those mental shortcuts that turn our brains into hasty judgment machines. We believe what suits us, follow the most charismatic voice, and forget to check the facts. Sprinkle in a dash of cultural ignorance, that moment when « *different* » gets mistaken for « *weird*, » and you've got the perfect recipe for muddled thinking.

Thinking differently is like tidying up your mind: toss out the ready-made ideas, keep the doubt (yes, it's useful), and let in a little light. It's about stopping the self-sabotage... and starting to walk straight, with style, clarity, common sense, and a touch of self-mockery.

COMMON SENSE offers a modern framework for anyone who wants to think clearly, act wisely, and move forward with intention. If you're ready for clarity in a chaotic world, explore *COMMON SENSE* at webtechpublishing.com.

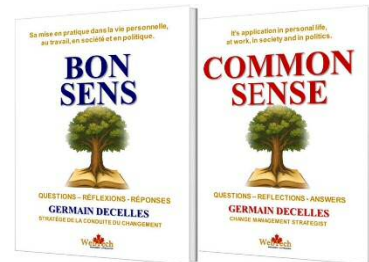
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To reconnect with clarity in a world that never stops accelerating, simply explore **COMMON SENSE** at webtechpublishing.com.

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